



TRIUMPH

FOUNDATION

TRIUMPHING OVER PARALYSIS



Founded in 2008, Triumph Foundation is a 501(c)(3) non-profit organization whose mission is to help children, adults, and veterans with spinal cord injury/disorder and disabilities to triumph over obstacles they face and to inspire them to keep moving forward with their lives by pushing themselves to get better every day.

FROM THE FOUNDER

After my spinal cord injury in 2004 from a snowboarding accident, I felt hopeless lying in my hospital bed wondering what kind of life I could lead as a quadriplegic. Thankfully I was surrounded by a loving family and a circle of devoted friends. Most importantly, I was introduced to inspirational mentors who had learned to lead fulfilling lives in spite of their own disabilities. From those experiences, I felt the desire to help others who lacked a support system.

Since the founding of Triumph Foundation in 2008, the organization has touched the lives of over 10,000 individuals with disabilities and their families; given over \$1,000,000 in assistance to people with inadequate medical insurance and financial hardship; and built a network of volunteer ambassadors serving over 22 area hospitals and rehabilitation centers throughout the Los Angeles, Orange, Ventura, Santa Barbara, San Bernardino, Riverside, Kern, and San Diego counties.

I invite you to learn more and join us in our mission to improve the daily lives of those members of our community who struggle to overcome their disabilities every day.

*- Andrew Skinner
Founder, Executive Director*



KEEP MOVING FORWARD

SUPPORT | EDUCATE | ENABLE | THRIVE



"OUR LIVES CHANGED OVERNIGHT..."



Following a devastating injury, patients are faced with the reality of a life transformed...

Engaging patients and their loved ones at bedside, **Triumph Foundation** boldly paves a path to rebuilding lives. Our peer-mentor Ambassadors deliver hope, support and vital resources via our **Care Packs**. These provide practical information about assistance programs, services, and equipment.

"When my son Justin became a paraplegic following a dirt bike accident, our lives changed overnight. Through the Foundation's mentorship, our family has been able to adjust to life after injury. It was a huge blessing to get referrals for therapy, doctors and supplies. They were always available to hear our concerns, answer questions, and to give advice. As a mother, I am so grateful that there was an organization like Triumph to help my son become a man and give him a future to look forward to."

- Jamie Covarrubias

Triumph Foundation provides support, not just initially when the injury occurs, but as a lifelong support network.



"I NO LONGER FEEL ALONE..."



Hospital and Rehabilitation Center stays have grown shorter and shorter due to the many financial pressures of our Health Care System...

After being discharged from the hospital, many people feel alone, isolated and frightened. Triumph understands that this injury goes beyond the acute phase, and has lifelong implications. **Triumph Ambassadors** provide ongoing peer counseling, mentorship, and advocacy to help people successfully adjust to life at home and reintegrate back into the community.

Our network of volunteer Ambassadors serve hospitals and rehabilitation centers throughout the Los Angeles, Orange, Ventura, Santa Barbara, San Bernardino, Riverside, Kern, and San Diego counties.

"When I suffered a high level spinal cord injury from a diving accident, I became a ventilator-dependent quadriplegic. I was depressed, angry, and anti-social. Triumph's Ambassadors came to my house to give me a Resource Care Basket. They gave me hope, showed me life wasn't over, and inspired me to get up and live life to its fullest. Ever since then I've been unstoppable, doing things I never thought that I could do. I can't thank Triumph Foundation enough for what they have done for me. Now, I am proud to be helping others as a Triumph Ambassador."

- Russel Burke



Triumph provides assistance to help people get equipment to safely discharge from the hospital, regain their mobility and independence, and reach their fullest potential.

"THEY GAVE ME BACK CONTROL OF MY LIFE..."

Adapting to a life with a disability requires a range of supplies, often far beyond the financial means of individuals...

We created our **Keep Moving Forward** Grant Program to help those with inadequate insurance and financial hardship make necessary home modifications, gain access to adaptive equipment, or reintegrate into the community. We have supplied vehicle modifications, ramps, wheelchairs, electronics and other equipment to dramatically enhance the quality of lives.

Triumph's Equipment Exchange is a free service allowing people to donate specialized equipment they no longer need.

"I got hurt after a fall and was connected with Triumph Foundation. I received a Keep Moving Forward Grant and was able to take driver's training, install hand controls in my vehicle, and join the workforce again. This grant gave me control of my life back and I couldn't be more grateful."

- Sharon Lee



LIVING WITH PARALYSIS



Triumph Foundation's **Employment Achievement Award** provides people with SCI financial assistance to achieve more success with current employer, for a license/product/equipment that will enable work, start a business, and/or increase their workplace success.

"I HAD TO REINVENT MY PROFESSIONAL LIFE..."

"Live music has always been a big part of my life. In 2007, it helped get me through my spinal cord injury. Several years later, I had an idea to start a business that would help people with disabilities enjoy live entertainment events. I had been to many music events around the country and felt that accessibility services were incredibly overlooked.

I applied for Triumph Foundation's Employment Achievement Award. With those funds I was able to start Accessible Festivals.



Today, we help disabled guests at conventions, corporate events, and some of the largest music festivals in the country, such as Coachella. In 2017, we supported 45 events across 15 states, with over 100 staff members, helping more than 10,000 disabled guests.

I am very grateful to be able to do this work; it is a dream come true. And it never would have been possible without Triumph."

- Austin Whitney



"I'M PUSHING THE LIMITS OF MY ABILITIES"



"After a motorcycle accident left me paralyzed, I wasn't sure what opportunities were available to me after injury. When I connected with Triumph Foundation, I began attending events and now I am doing more sports than I have done in my 50 years of life. I'm an avid hand cyclist, I snow ski, and play wheelchair sports. I've never been healthier or more active. I've avoided secondary health complications because of Triumph's sports programs. I'm pushing the limits of my abilities".

- Jeff Hider

The benefits of Adaptive Recreation go beyond the physical, they transcend and contribute to the mental wellness and self-esteem for injured individuals.

Beginning with a simple hand cycling clinic in 2011, Triumph's Adaptive Recreation Program has grown dramatically to encompass a range of activities, from wheelchair rugby to water skiing. A recognized Paralympic Sport Club, we host monthly and annual activities that draw thousands of participants.

Significant events include:

- Wheelchair Sports Festival
- Over the Line Baseball Tournament
- Superheroes Triumph! 5k Race
- Horse & Carriage Driving
- Monthly Hand Cycling Clinics
- Adaptive Shooting
- VA Adapted Sports Expo
- 2028 Summer Paralympics





JOIN US

SUPPORT

Your donations help children, adults and Veterans to triumph over their disabilities.

ENGAGE

Distribute your message through Triumph Foundation events and publications, including our Resource Handbook delivered through hospitals and rehabilitation centers across Southern California.

PARTICIPATE

Triumph Foundation hosts events throughout the year, providing opportunities to volunteer and participate.

For more information, please visit: **Triumph-Foundation.org**

Contact us at:

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