

# TRIUMPH FOUNDATION

*Helping people triumph over paralysis*

WWW.TRIUMPH-FOUNDATION.ORG

## Christmas Care Basket Outreach

Triumph gives out a hundred Care Baskets to people who suffer paralyzing injuries every holiday season. In addition to resources, we include goodies, gifts, & other items to sweeten up someone's hospital stay.

### *Will you please help us?*

We need your help gathering items. This is your chance to go buy your favorite sweets & guilty pleasures to share with someone who needs a treat.

Here are some ideas for goodies to donate:

- Mini candy bars & Halloween style candy packs
- Lollipops, Lifesavers, Jolly Ranchers, & hard candies
- Gummy bears
- Packs of gum
- Crackerjack, rice krispie treats, & trail mix
- Fruit snacks & granola bars
- Individual packs of Cookies, Pretzels, & Crackers
- Hot chocolate
- Candy canes
- Peanut brittle
- Hickory farm sausages
- Other holiday treats, snacks, and things that might help lift their spirits!

Items to donate:

- Cosmetic toiletries like travel size shampoo and soap, chapstick, and hand sanitizer
- Travel size board games and other fun activities

### *We also give out presents:*

We need donations of things like gift cards, store-special gift items, coffee mugs, toolkits, hats, t-shirts, and other gift items to give away.

### *Arts & Crafts?*

We'd also appreciate it if people want to sew scarves, beanies, or blankets; or make jewelry or crafts to include in the baskets. If you have a talent, let us know!

### *For those who like to Bake:*

We need people to help us bake some REAL holiday cheer. We are hoping some of you will make us some cookies, brownies, cakes, and sweets. Please let me know if you are interested so we can coordinate a day to have it dropped off the day before a hospital visit!

If you have any ideas about other things to include in the baskets, please feel free to share them with us!

*We'd like to get everything gathered before December*

Or bring them to our Eat-For-A-Cause Fundraiser Thursday November 29<sup>th</sup> at the Route 66 Classic Grill located at 18730 Soledad Canyon Rd, Santa Clarita, California 91351 from 5pm – 10pm

*Basket Building will take place Saturday December 1<sup>st</sup>*

**If you'd like to contribute please let me know [Andrew@Triumph-Foundation.org](mailto:Andrew@Triumph-Foundation.org) / 661-803-3700**